Saturday
October 5, 2013

25th ANNUAL
LAPHAM PEAK COLORAMA RUN/WALK
& SMOKEY BEAR FUN RUN
Silent Auction!

EXPERIENCE a beautiful fall run at Lapham Peak State Forest. Run on wide, well-groomed, ski/hiking trails. Walk on the 2.5K paved accessible trail suitable for wheelchairs or strollers, or the 10K/5k route. The Hausmann Nature Center is open for you to admire and tour during or after the run/walk. The 5K course will tour the middle level of the park. The 10K course follows the outer perimeter trail. The Smokey Bear Fun Run course circles the pond at Homestead Hollow.

REGISTER at Homestead Hollow Ed Trecker Lodge beginning at 8:00 a.m.; Smokey Bear Run participants may register up to the start of the fun run. **Register online at:** http://www.active.com/event_detail.cfm?event_id=2105350 until Oct. 3rd. Participants will receive a **long-sleeved** custom-designed t-shirt, refreshments, chance for the free drawings and custom-designed Lapham Peak awards for age category winners. Smokey Bear participants will receive a short sleeved youth t-shirt .

FREE DRAWINGS will be announced at 9:45 [you must be registered by 9:40]; Pick up your prizes after your run/walk. **ChampionChip® timing** by Sports Management Associates; results available at www.onlineraceresults.com.

EVENTS:			FEES: $22/ $25.00 [AFTER 9/30]]	SEND CHECK TO:
	REGISTRATION	8:00A.M		
	FREE DRAWINGS	9:45A.M.	$80/$95 FAMILY OF 4	Friends of Lapham Peak
	10K RUN/5K RUN	10:00 A.M.	$100/ $115 FAMILY OF 5	% Kris Maki
	WALK	10:05 A.M.		S46 W36216 County Road C
	FUN RUN	11:25 A.M.	$5 FUN RUN	Dousman, WI 53118

AWARD CATEGORIES: Custom-designed awards to the first three places; overall winner's awards
5K: 12 & under; 13-19; 5 years to 70; 70-79; 80 & over. 10K: 19 & under; 5 years to 70 & over

DRIVING DIRECTIONS: Lapham Peak State Forest is ¾ mile south of I-94 on Highway C, Delafield Exit
30 minutes from Milwaukee and 45 minutes from Madison.

PROCEEDS from the Colorama Run will be used for Friends of LP park improvement projects.
Visit www.laphampeakfriends.org and www.active.com/donate/laphampeaksnowmaking for donation information.
ENTRY FORMS also available at *http://www.laphampeakfriends.org/Trails%20-%20Hike,%20Run,%20Bike.htm*

QUESTIONS? Call Kris Maki at (262) 965-2636 or e-mail jmaki4@wi.rr.com ; Lapham Peak State Forest (262) 646-3025

-[cut and send}----------ONLINE: www.Active.com

One entry per form. Copy as needed.

Colorama Run/Walk or Smokey Bear Fun Run Registration Form

LAST NAME_____**FIRST NAME**_____**SEX [ ] Male [ ] Female**

ADDRESS_____**AGE**_____ **BIRTHDATE**_____/_____/____

CITY_____**STATE**_____**ZIP**_____**TEL(** **)** _____ **E-Mail**_____

_____ **5K RUN** _____ **10K RUN** _____ **WALK** [X] in front of event

_____**S** _____ **M** _____ **L** _____ **XL** _____ **XXL [add $2]** **[X] t-shirt size**

_____**Smokey Bear Run**
[Youth t-shirt sizes below]
__**Youth 2-4**____**Youth 6-8** ____ **Youth 10-12** ____**Youth 14-16**

I know that running or walking the Lapham Peak Trails is a potentially hazardous activity. I assume all risks associated with the event including, but not limited to falls, contact with other participants, the effects of the weather, the conditions of the course which may include rough terrain, all such risks being known and appreciated by me. Having read this waiver for myself and anyone entitled to act on my behalf, I waive and release the Lapham Peak Friends, and all sponsors, their representatives and successors, and the Department of natural Resources and its employees from all claims or liabilities of any kind out of my participation in this event.

Signature_____***Date***_____ ***{X} if first Colorama***____
[waiver must be signed by guardian if participant under 18]

paid check #_____ ***class***_____ ***Number***_____

Checks payable to *Friends of Lapham Peak*